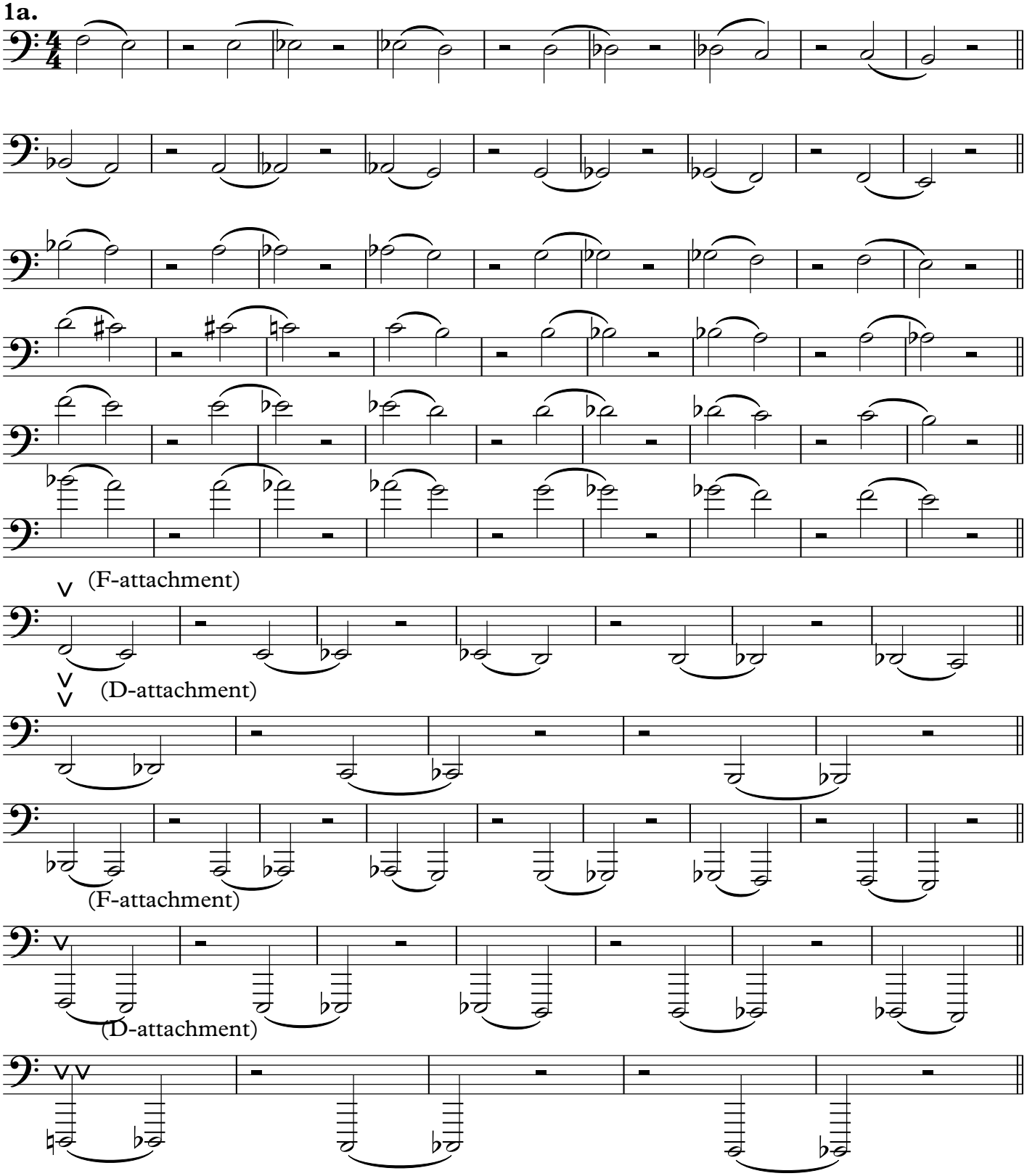
Daily warm-up

by

Scott MacInnes

Slow and relaxed ♩ = 60

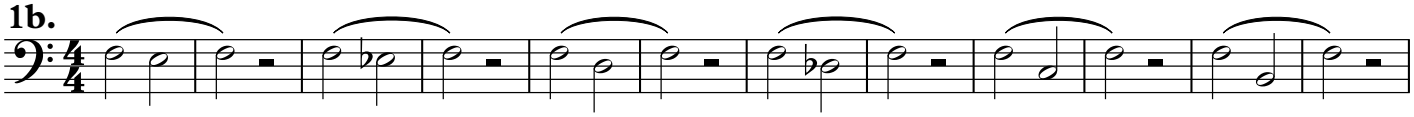
1a.



Copyright © 2016

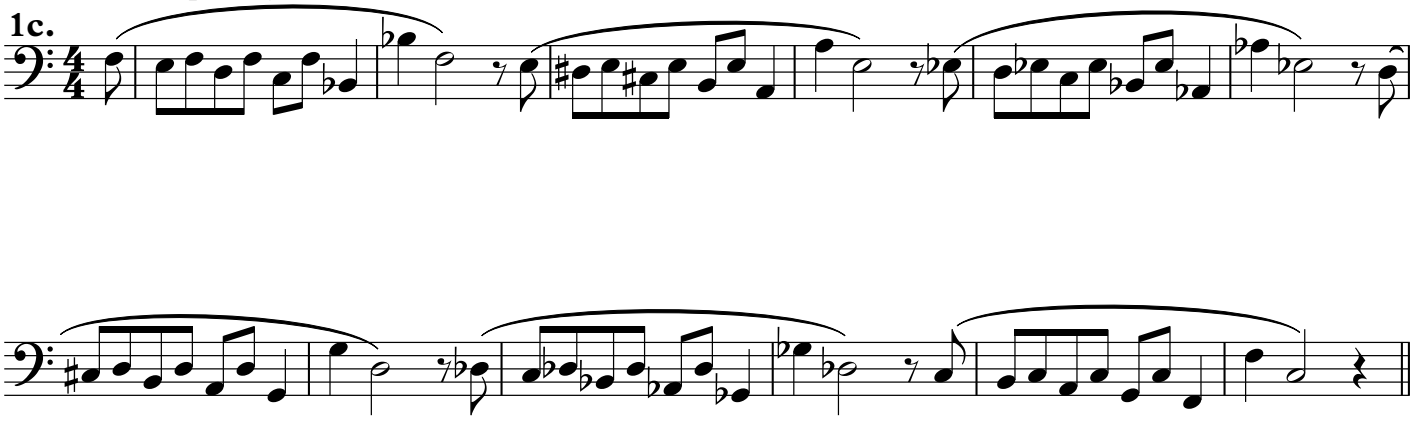
Play as a glissando to an from the F. Ensure that your sound stays centered the entire way up and down and that you're moving the slide on a single plain.

1b.



This exercise is to played as a glissando. Let the air move freely and continuously and expand your sound to the end of each slur.

1c.

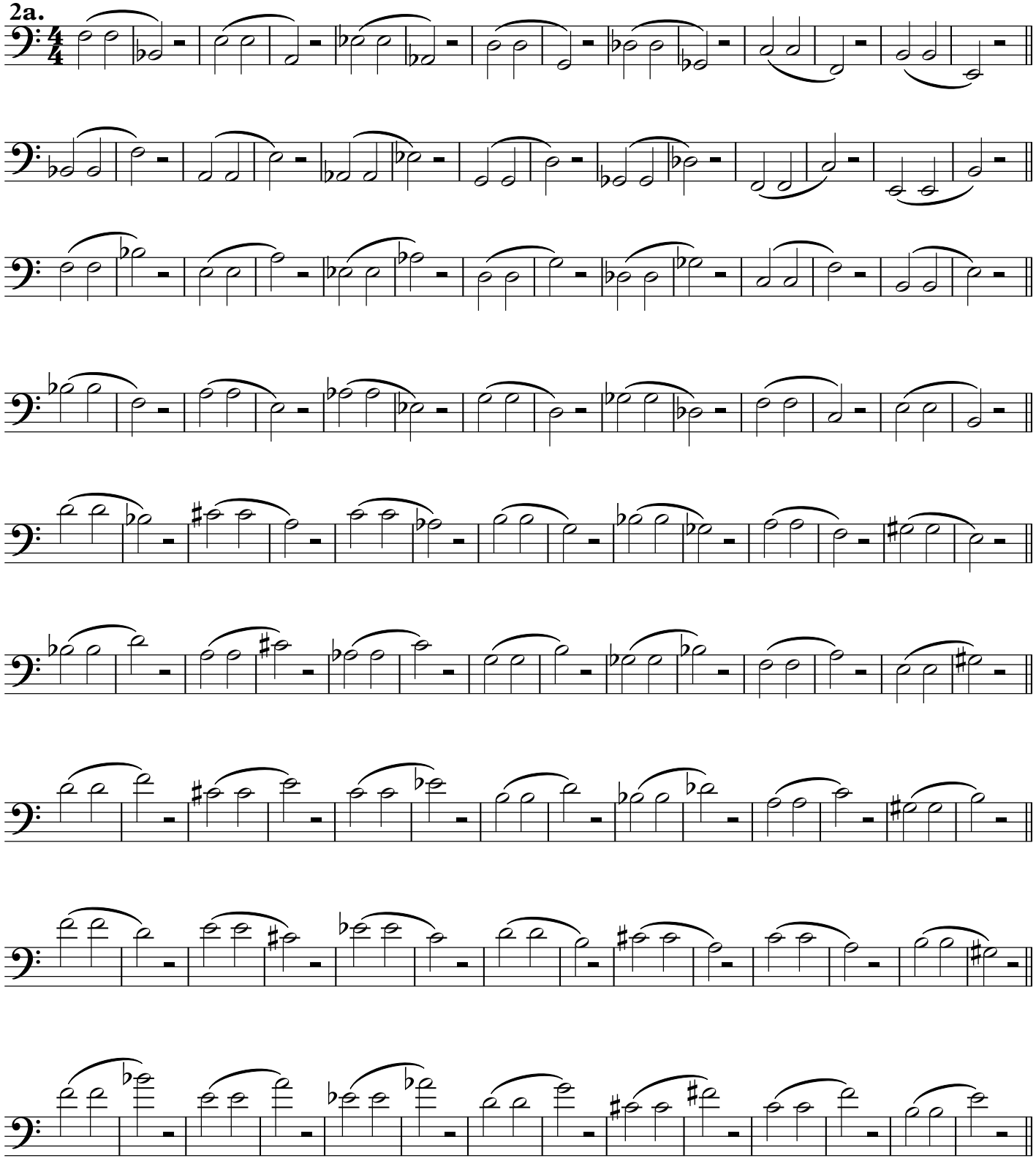


This exercise can be played in three different ways 1) no tongue 2) artictulate the first note of the slur and gliss the next three notes 3) legato tongue.

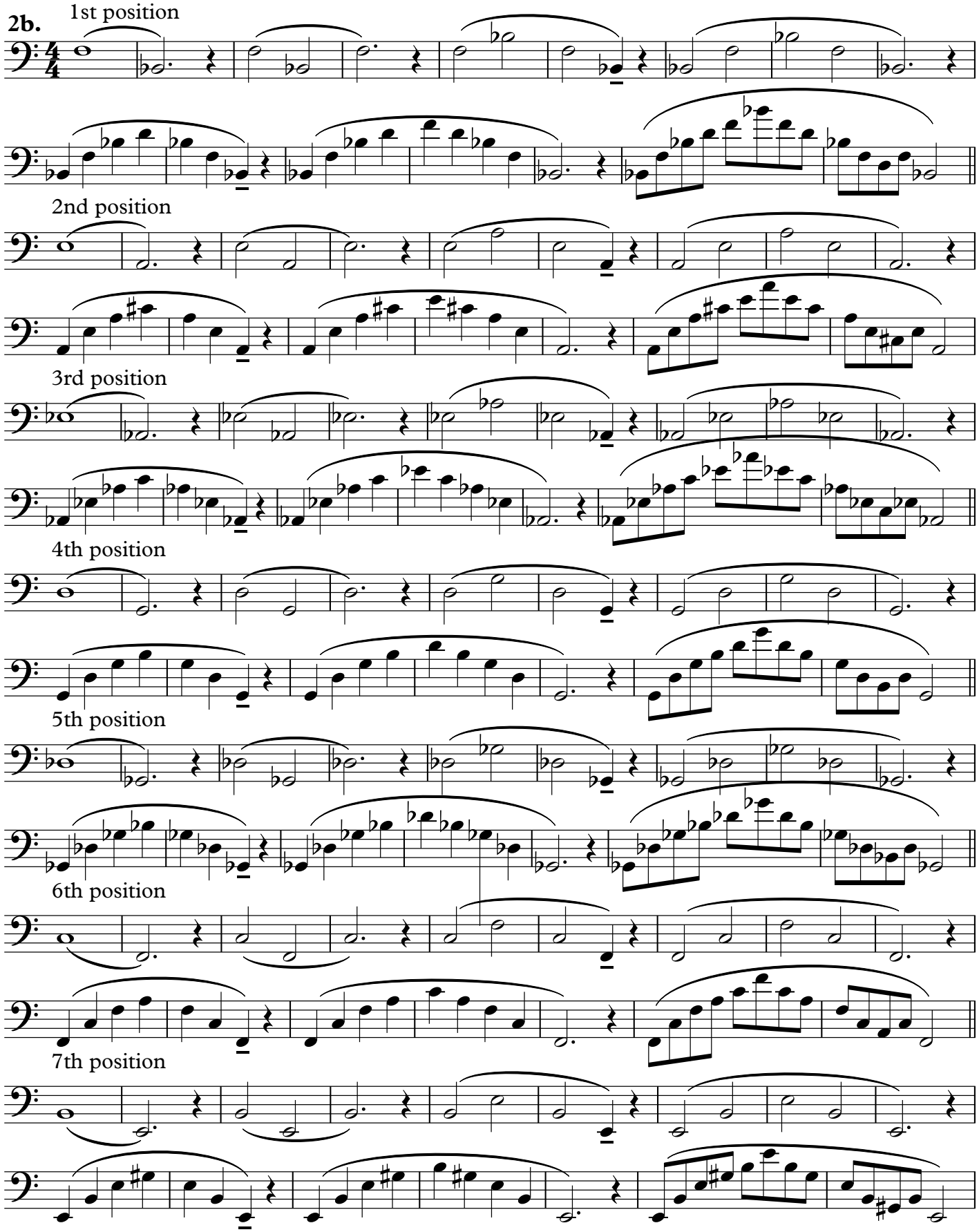
1d.

During this exercise focus on the air changing the partials. Every note following the first F should be played with the same basic enbouchure.

2a.

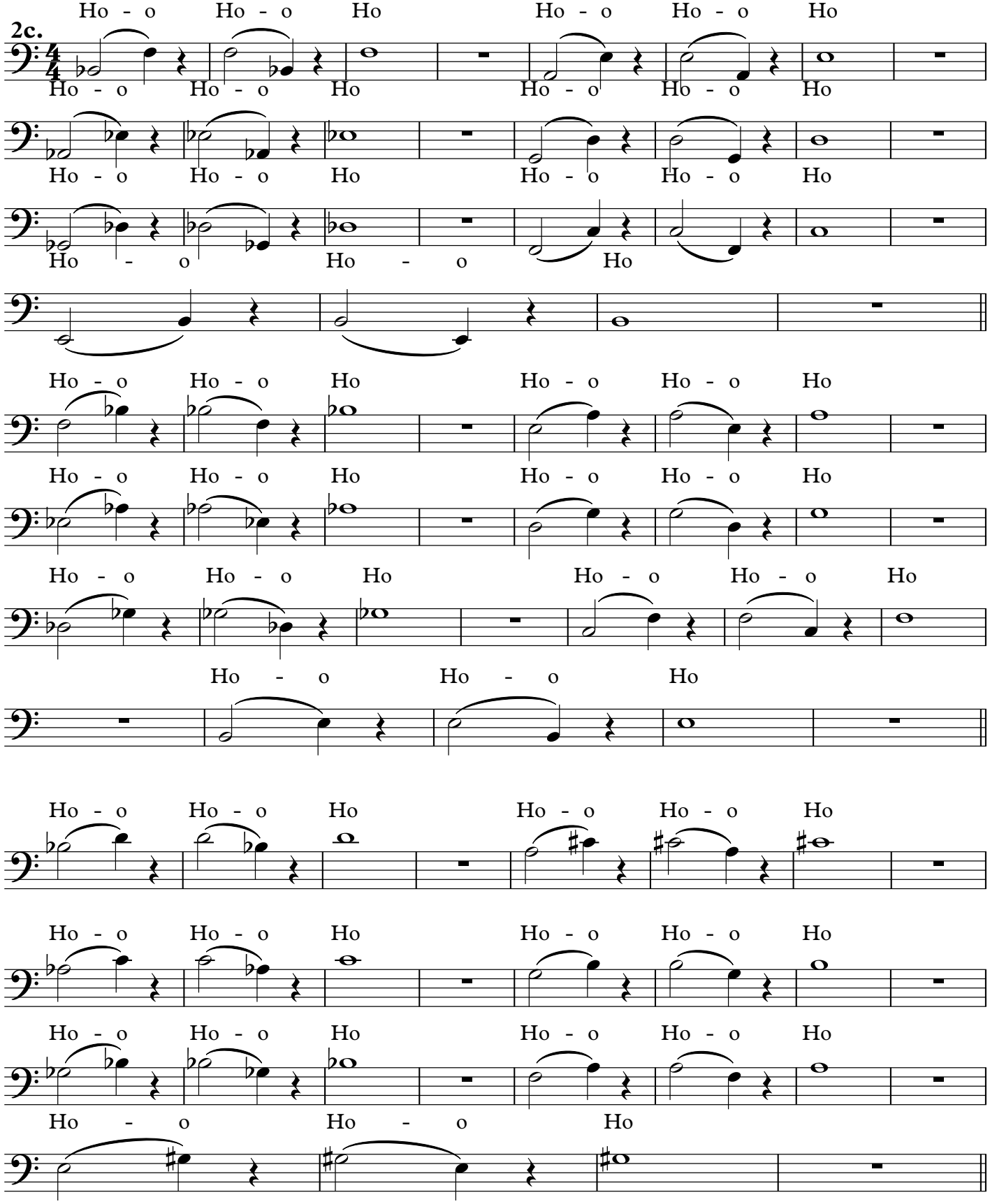


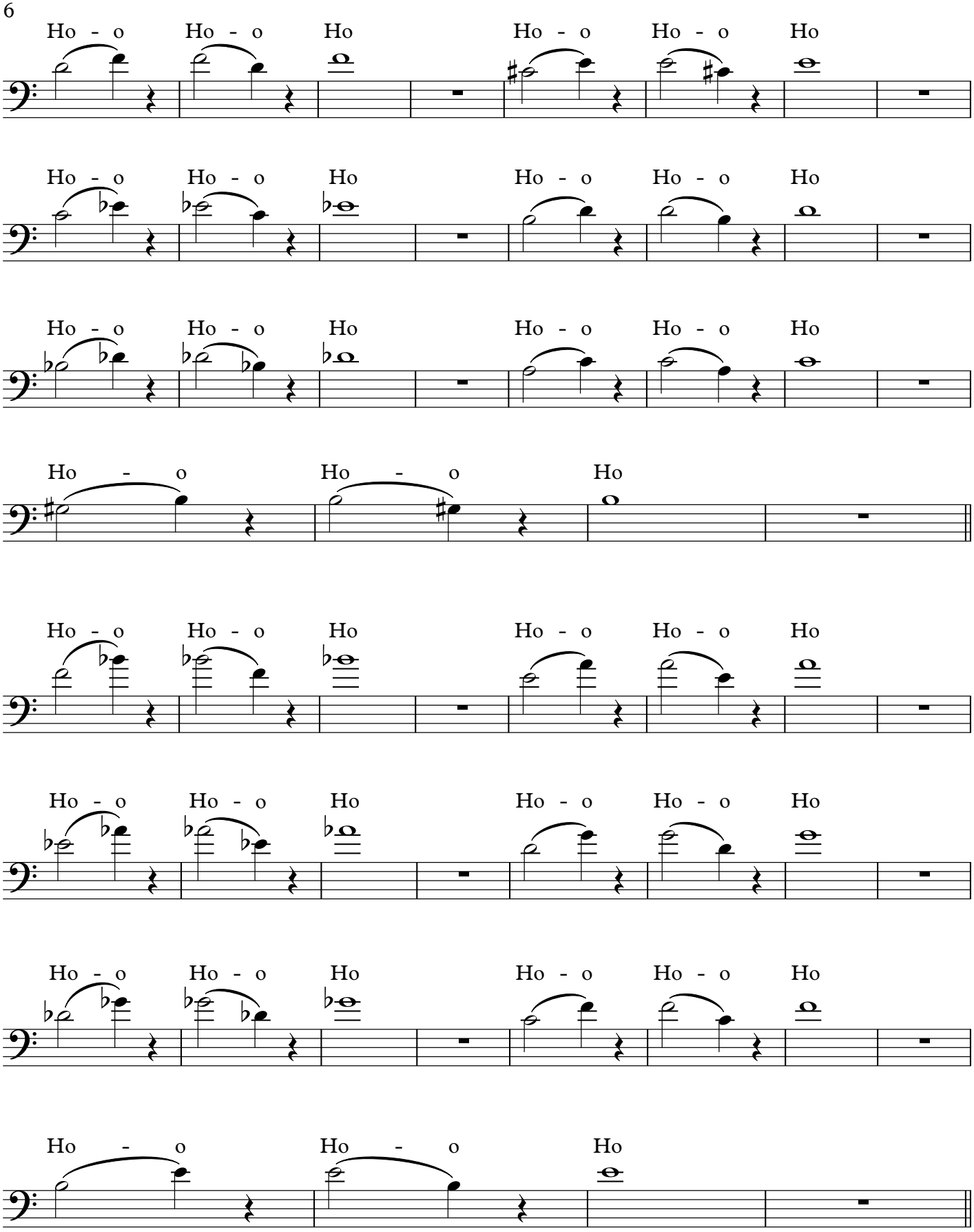
2b.


1st position
2nd position
3rd position
4th position
5th position
6th position
7th position

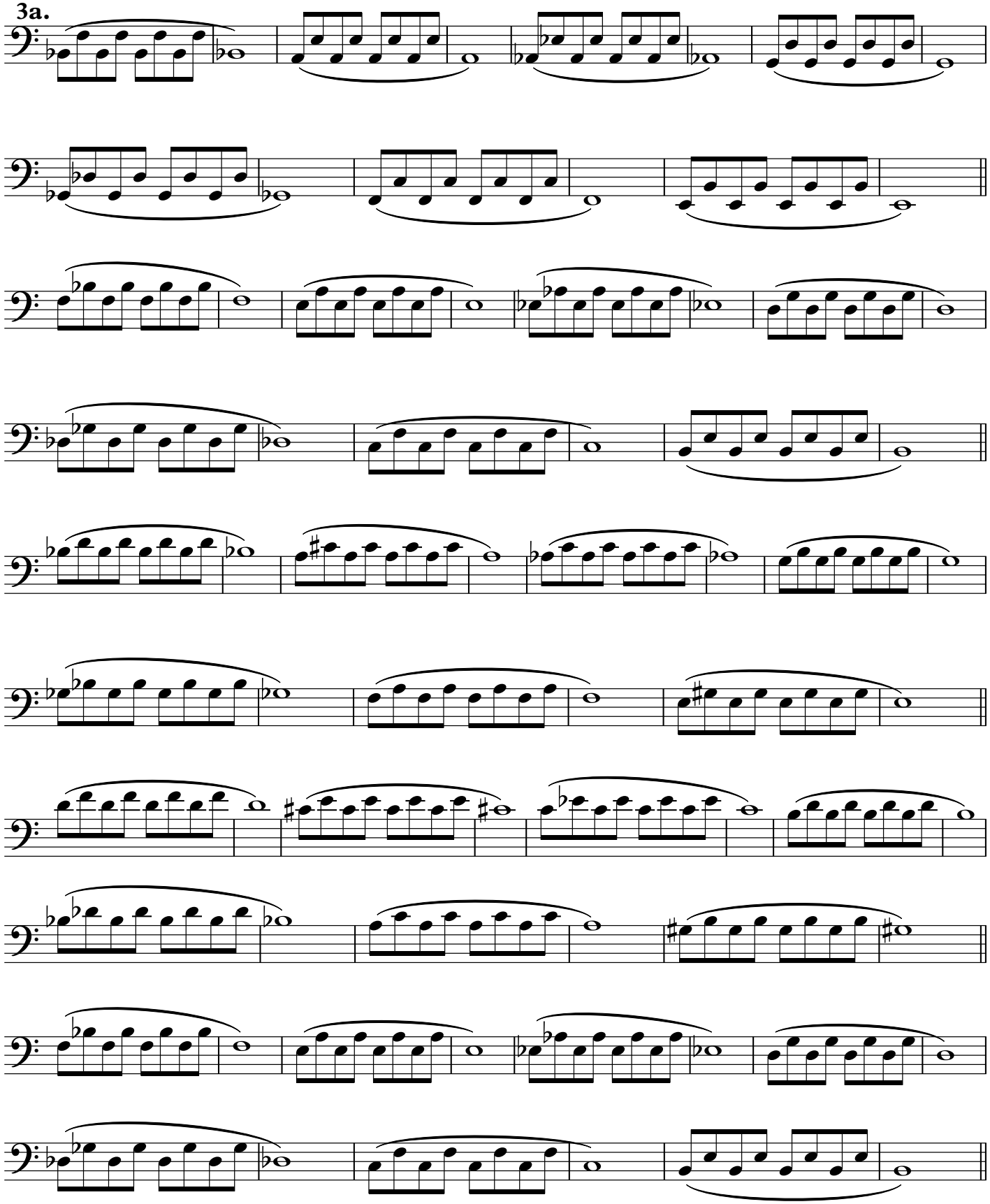
No tongue is to be used for this exercise. Instead ensure the breath leads into the note following it
Take a breath on every rest and "whip" the air in an almost agressive fassion to change partials

2c.



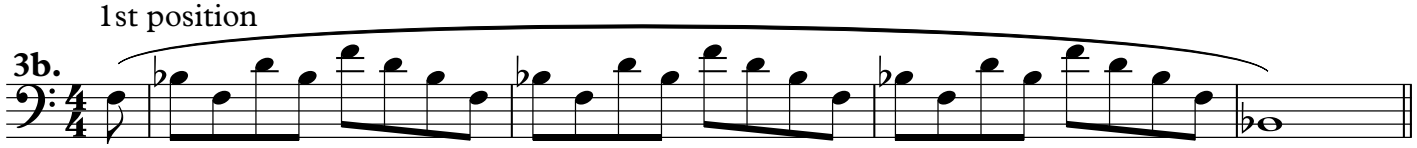

Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho
Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho Ho - o Ho - o Ho
Ho - o Ho - o Ho

3a.

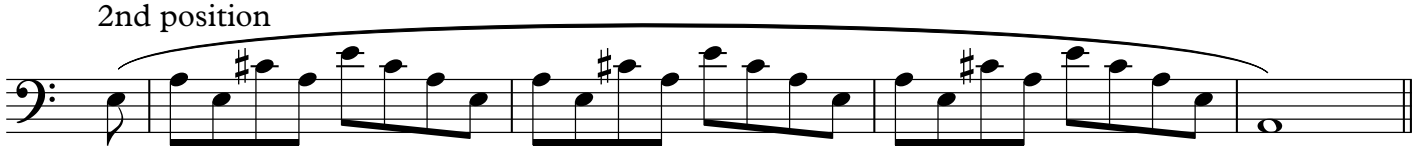


3b.

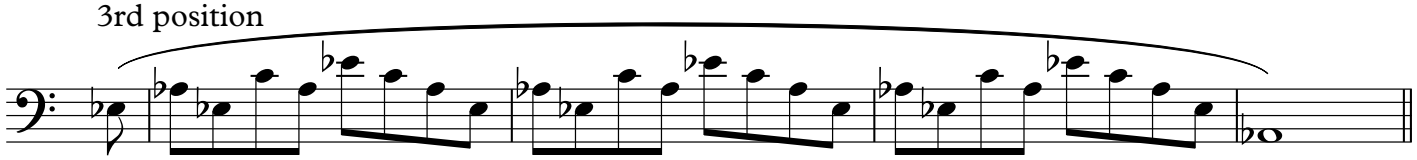
1st position



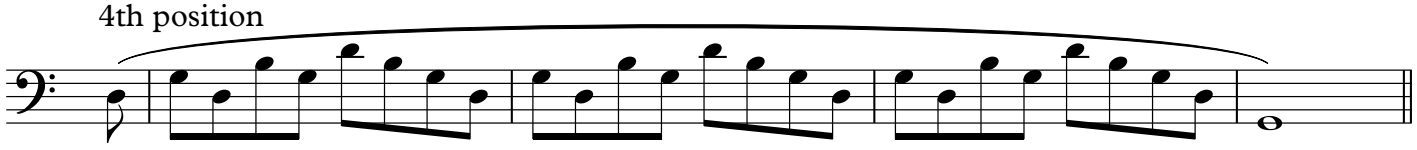
2nd position



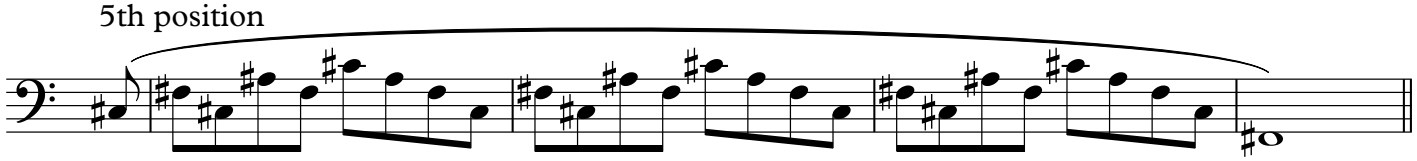
3rd position



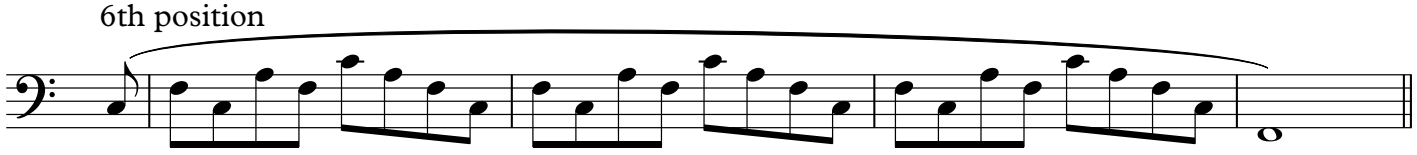
4th position



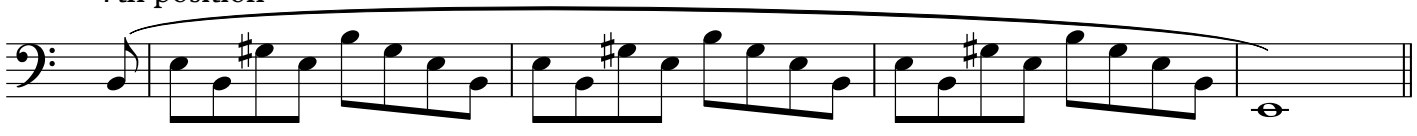
5th position



6th position

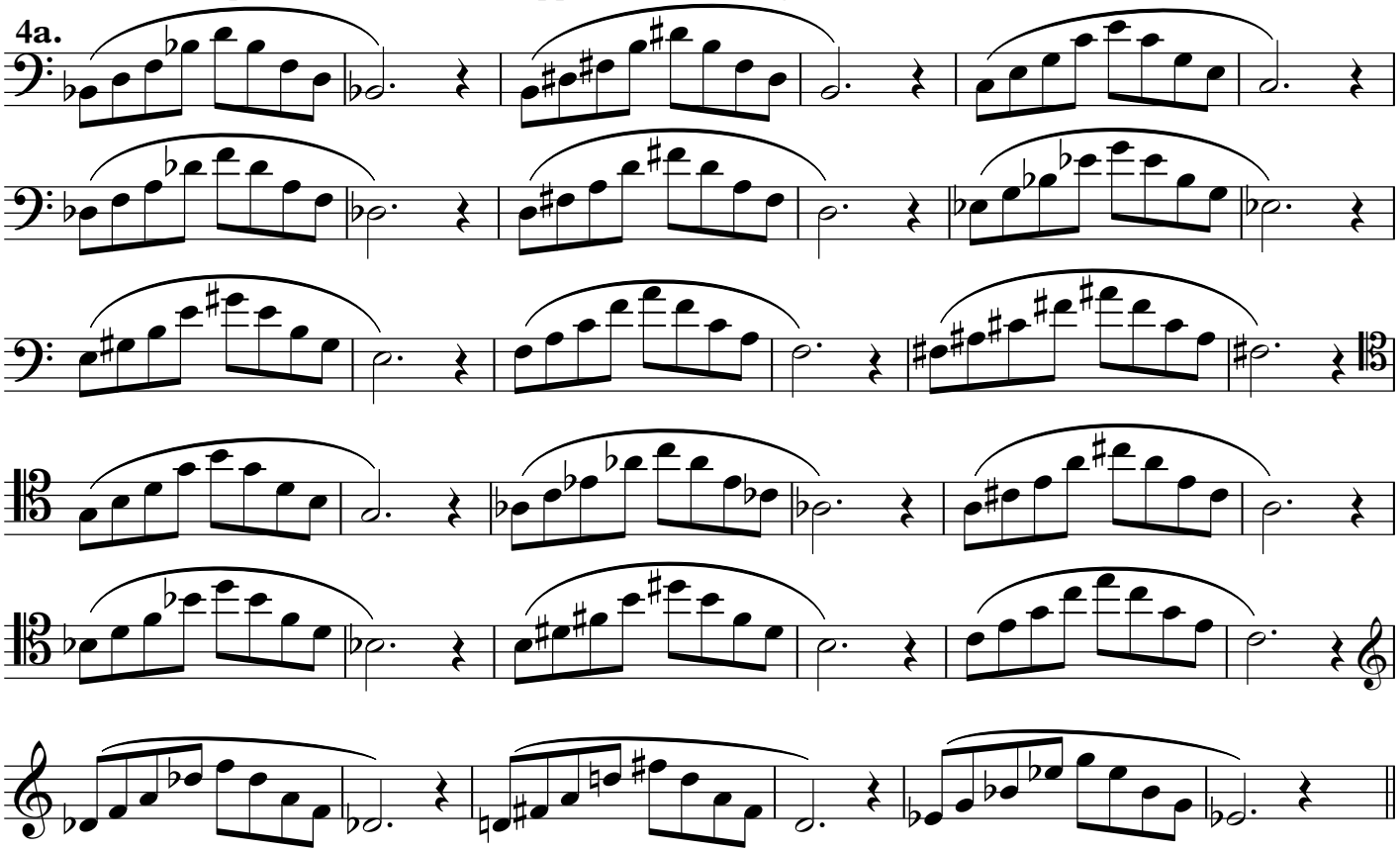


7th position



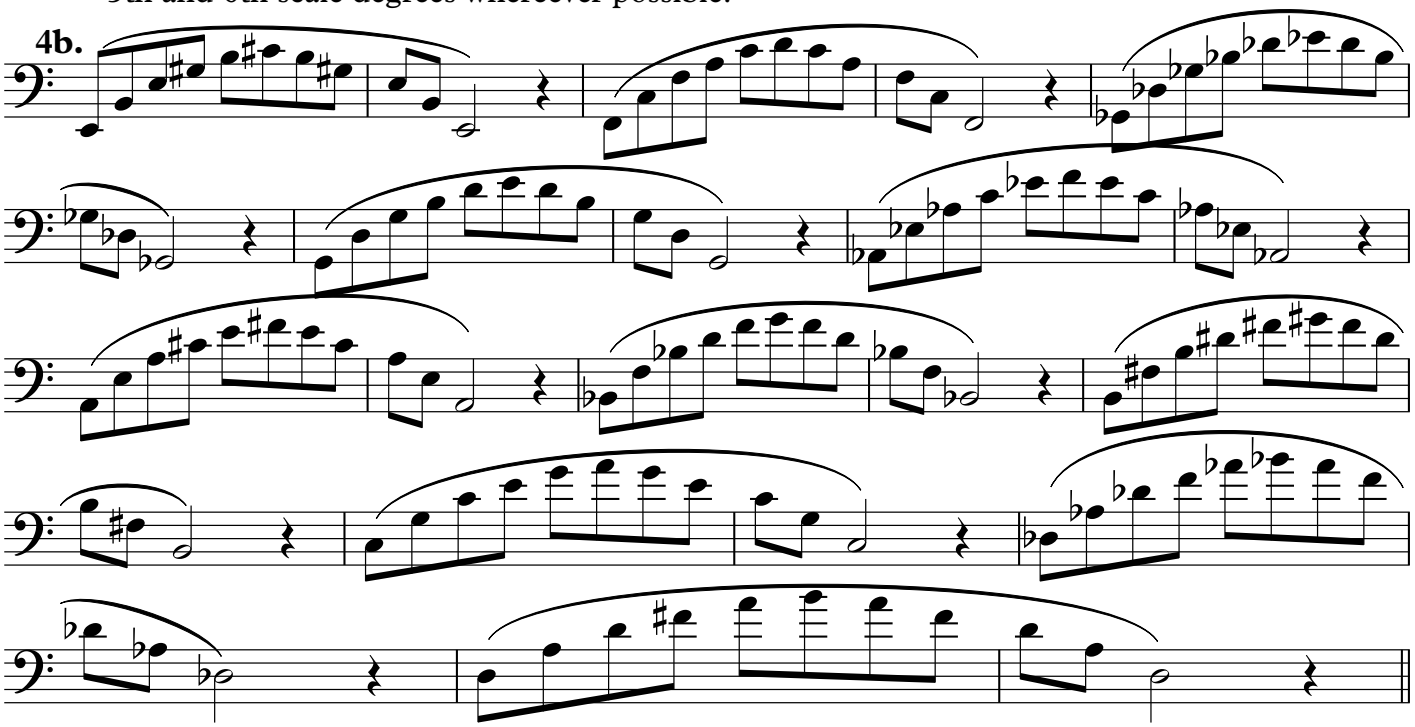
All exercises #4 exercsises can be used for range building. With this mind continue on past the written pitches into both the upper and lower registers.

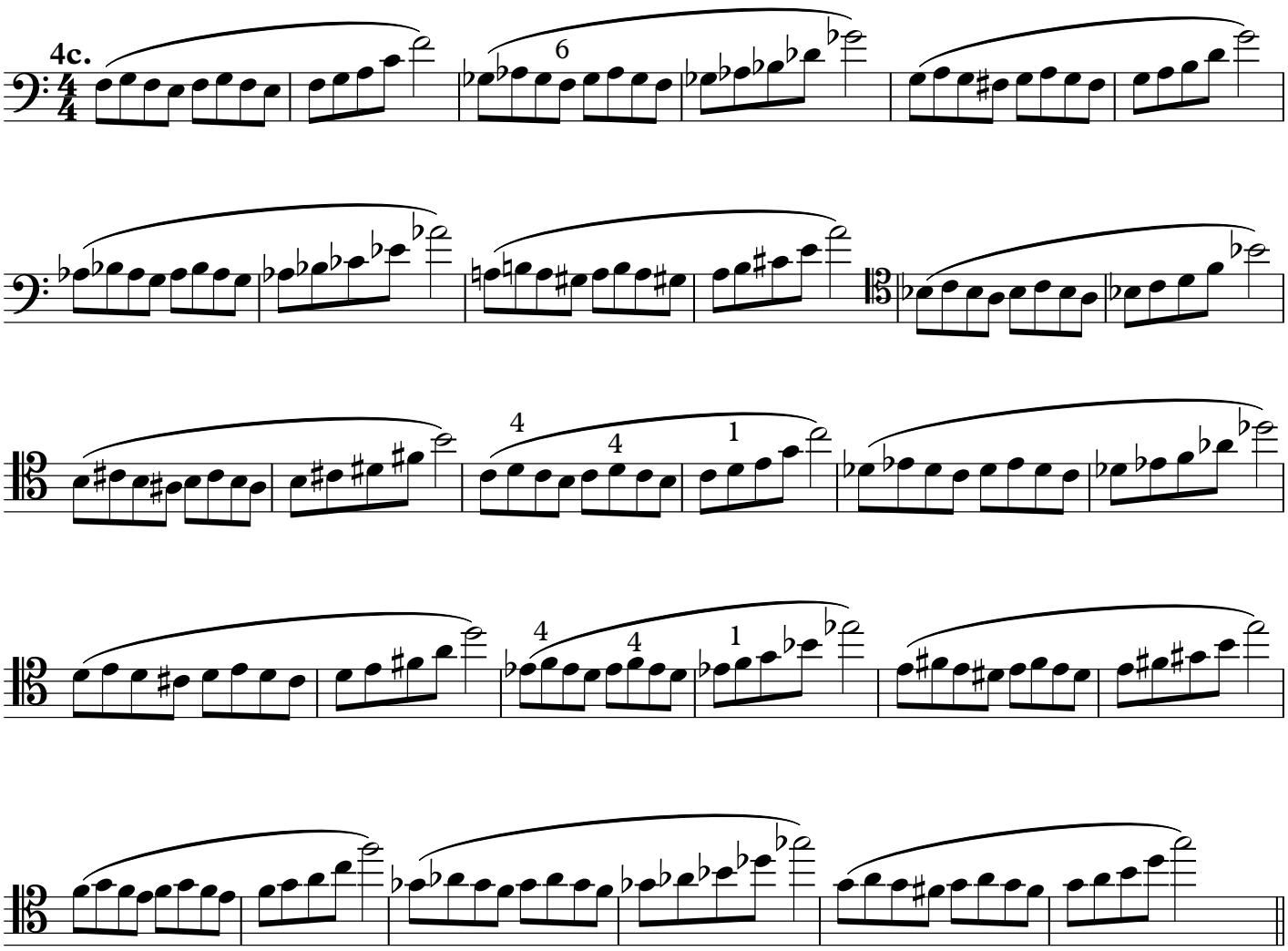
4a.

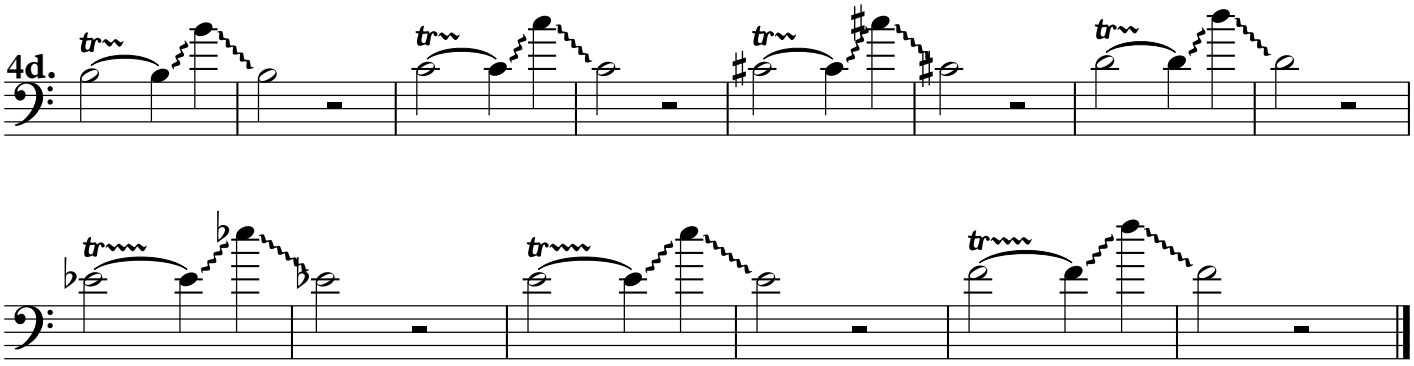


Play each two bar grouping in one position until making a glissando between the 5th and 6th scale degrees whereever possible.

4b.




4c.
6
4
4
1
4
4
1


4d.
tr
tr
tr
tr
tr
tr
tr